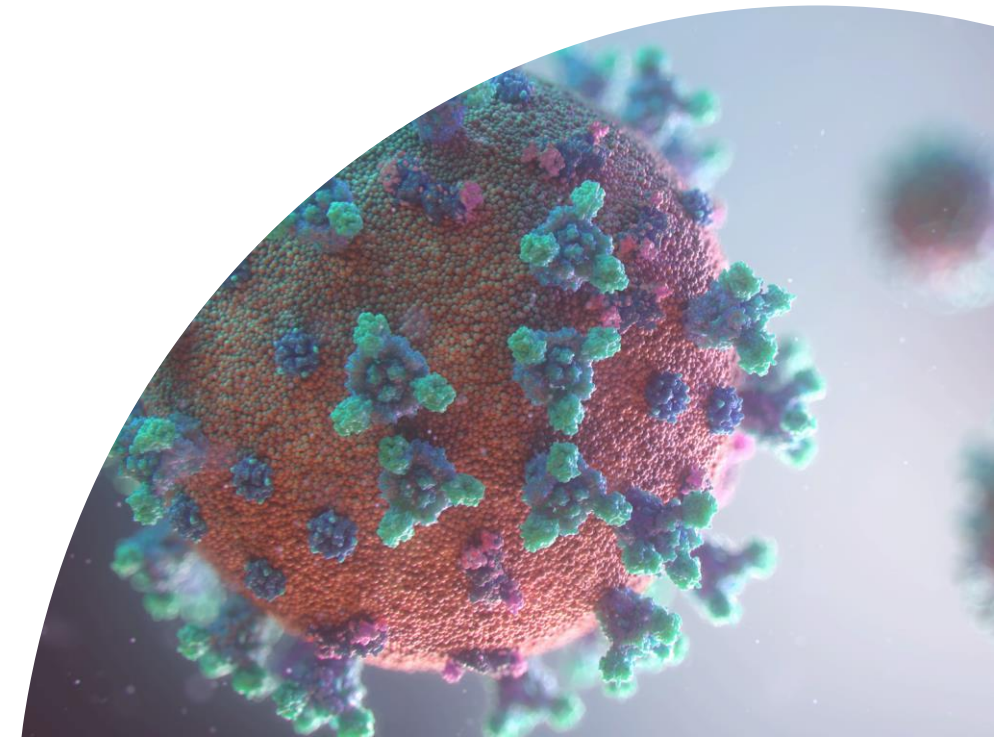


Wastewater for Health

Developing a global wastewater epidemiology service that delivers public health benefits and manages current and future outbreaks

Dr Olivia Bailey *Olivia-x.Bailey@arup.com*

19/04/2022



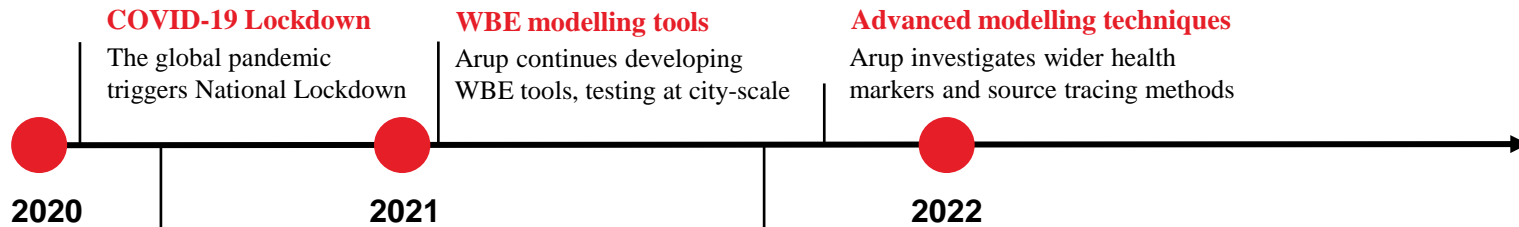
Realising Value in WBE

ARUP



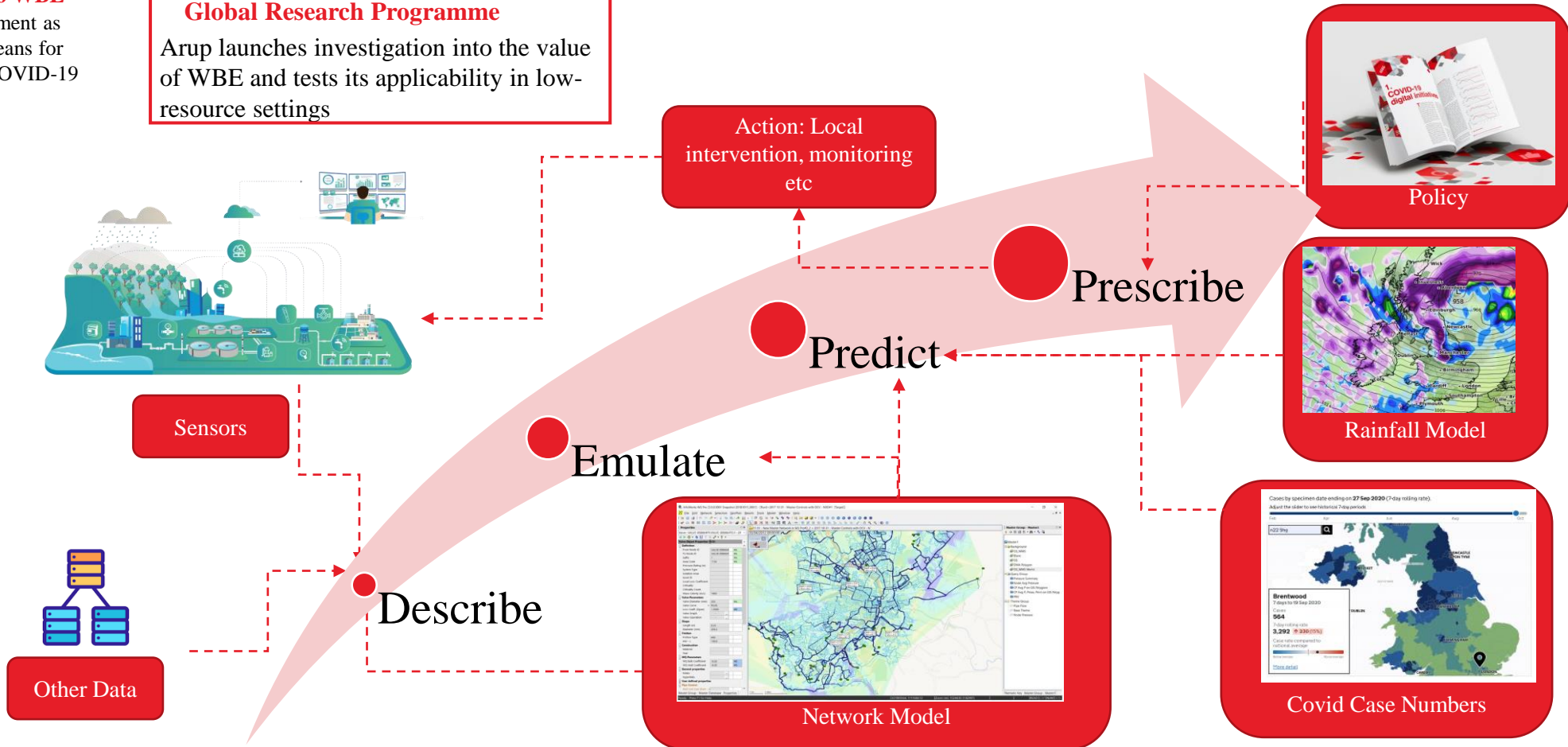
*Wastewater- based
epidemiology holds a
mirror to public health
that doesn't lie...*

UK WBE Covid-19 Response

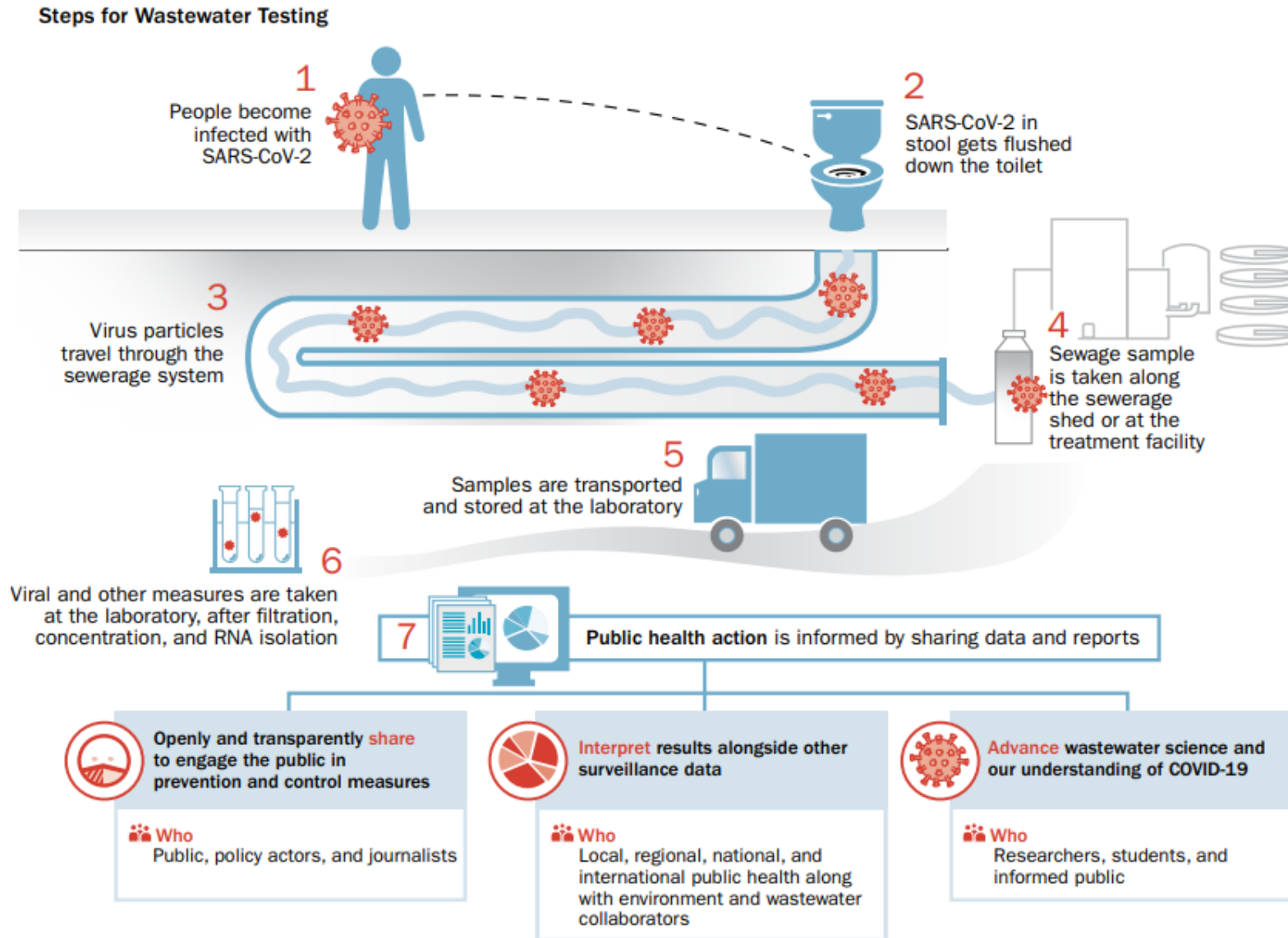


UK Government looks to WBE
Arup supports UK Government as they consider WBE as a means for controlling the spread of COVID-19

Global Research Programme
Arup launches investigation into the value of WBE and tests its applicability in low-resource settings

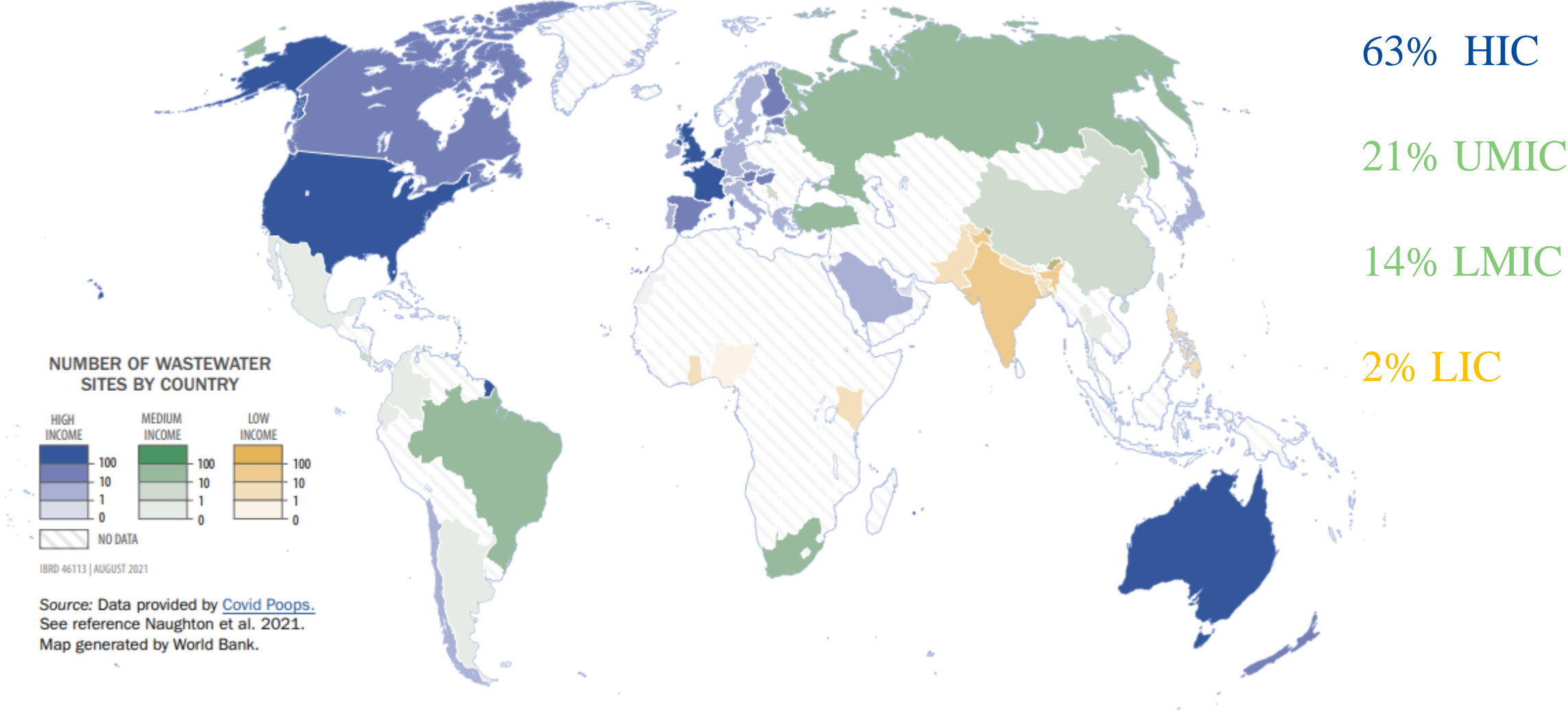


How does WBE work?



Global uptake of WBE

Figure 1. World Map of Wastewater Testing by Country



IBRD 46113 | AUGUST 2021

Source: Data provided by [Covid Poops](#).
See reference Naughton et al. 2021.
Map generated by World Bank.

"Manuel, Doug; Amadei, Carlo Alberto; Campbell, Jonathon R.; Brault, Jean-Martin; Veillard, Jeremy. 2022. Strengthening Public Health Surveillance Through Wastewater Testing : An Essential Investment for the COVID-19 Pandemic and Future Health Threats. World Bank, Washington, DC. © World Bank. <https://openknowledge.worldbank.org/handle/10986/36852> License: CC BY 3.0 IGO."

Global applicability of WBE



“WBE will allow better disease surveillance and control in many low-income countries. It will allow valuable healthcare resources to be targeted in a more cost-effective way.”

Prof. Davey Jones
Professor of Soil and Environmental Science
Bangor University



“WBE has a great potential to provide cost effective public health surveillance in low-resource settings. To be implemented globally, WBE needs to be equipped with low-cost technology applicable in remote settings.”

Prof. Barbara Kasprzyk-Hordern
Professor of Environmental and Analytical
Chemistry
University of Bath

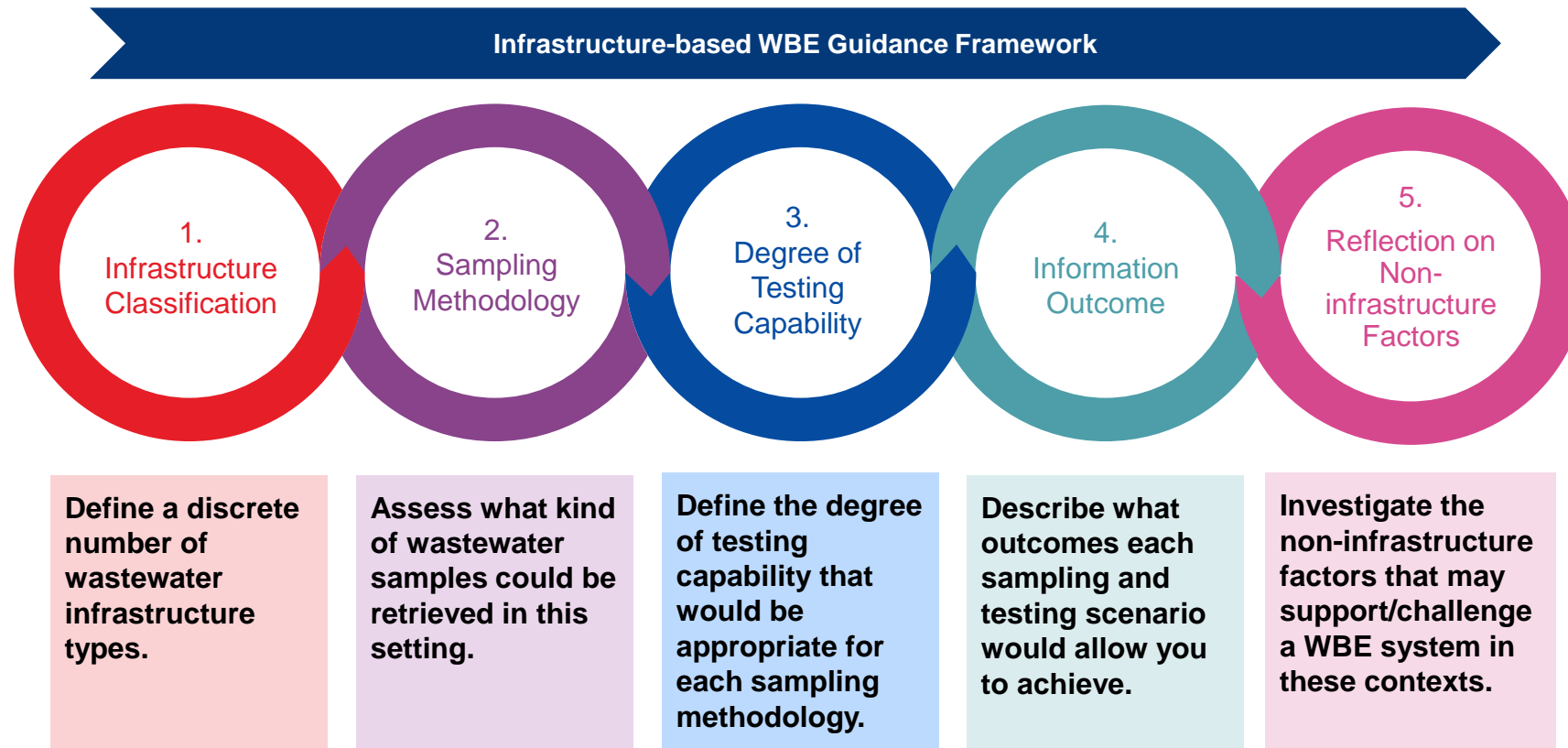


“Wastewater monitoring is most critical in places that lack centralised healthcare because it can triage health at community scales. Therefore, developing WBE guidance for such settings is a key step in protecting and improving health among the most vulnerable.”

Prof. David Graham
Professor of Ecosystems Engineering
Newcastle University

WBE Guidance Framework

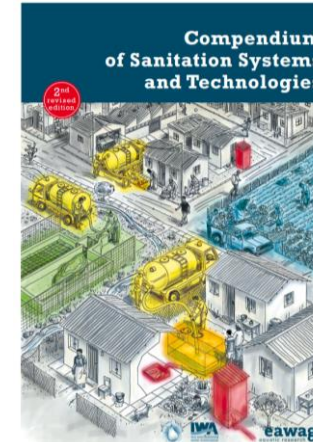
Developing an infrastructure-based WBE guidance framework



1. Infrastructure Classification

Define a discrete number of wastewater infrastructure types.

- Formulate a WBE approach related to a range of infrastructure settings
- Nine classifications of global wastewater system
- Using the EAWAG/IWA 'Compendium of Sanitation Systems and Technologies'
- Technical overview, key characteristics, useful information



System 1: Single Pit System

Technology overview: Use of a single pit which is emptied periodically (can be up to 20 years) so that a new pit should be constructed nearby.

Key characteristics:

Characteristic	System 1
Uses Flushwater	Yes and No
Sludge to include faeces	Yes
Sludge to include urine	Yes
Sludge to include anal cleansing water	Yes and No
Sludge to include dry cleansing materials	Yes and No
Geography	Rural and Peri-Urban
Required human powered emptying	Yes
Regularly emptied	Unlikely/No

Useful information:

- Emptying the latrine can vary in difficulty. Pits can be deep, typically only a few metres but may be up to 5m deep.
- Typically one or a few households would use each latrine.

System 2: Waterless Pit System without Sludge Production

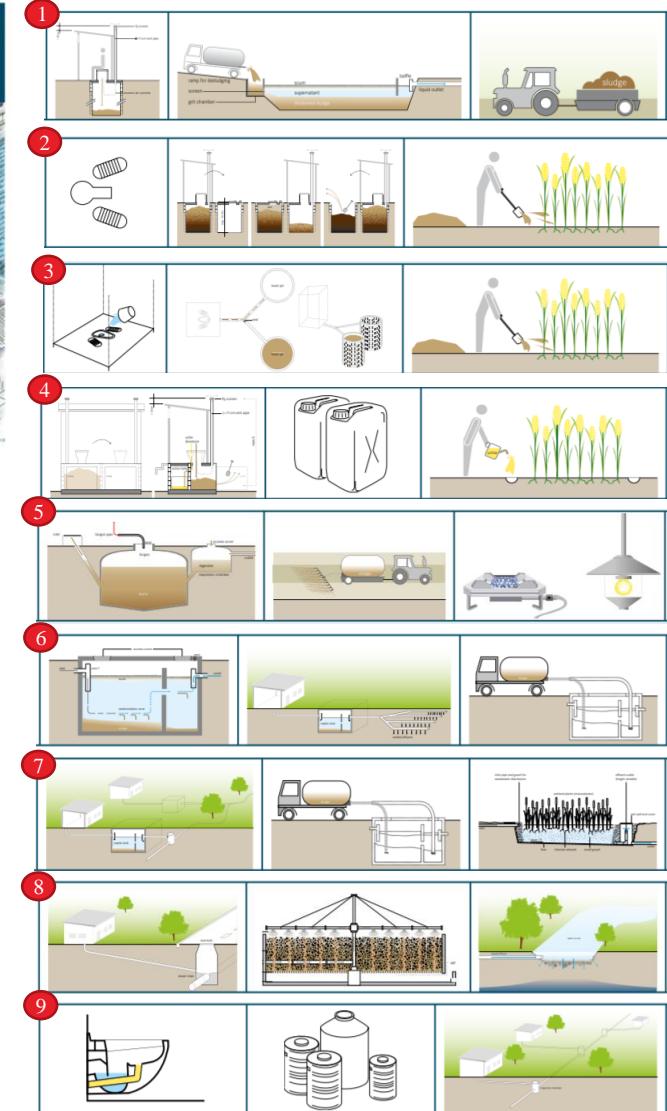
Technology overview: System typically uses two alternating pits. One pit is first filled before being covered and temporarily taken out of service whilst the second pit is filled. Whilst covered the first pit can drain, decompose and transform into a nutrient-rich pit 'humus'. This organic material can be emptied and used locally for agricultural fertiliser. This then allows the users to return to using the first pit, whilst the same process occurs in the second.

Key characteristics:

Characteristic	System 2
Uses Flushwater	No
Sludge to include faeces	Yes
Sludge to include urine	Yes and No
Sludge to include anal cleansing water	No
Sludge to include dry cleansing materials	Yes and No
Geography	Rural or Urban*
Required human powered emptying	Yes
Regularly emptied	Yes

Useful information:

- * Not possible in very space constrained sites but suitable for dense areas that cannot be served by trucks for mechanical emptying.
- High % of faeces in sludge as little or no water used for cleansing.
- Emptying completed once humus developed, typically every 6 months but dependent on site conditions.



2. Sampling Methodology

Assess what kind of wastewater samples could be retrieved in this setting.

- What to sample?
- Where to sample?
- When to sample?
- How to sample?
- Sampling transport

Sampling Methodology

...the framework offers insight to the kind of sample that could be collected (physically, demographically, and temporally).

Sample Collection
 What to sample? Health markers are present in both urine and faeces so it could be important to identify which markers are of interest when solid and liquid are separated at source. Drug residues are typically secreted in urine whilst viruses and bacteria are found in faecal particles.
 For samples with a high-solid content, mixing within the collection chamber is likely to be low. Best practice in this case is to combine samples from various points in the chamber and use a buffer solution can be used to homogenise the sample.

When to sample?
 In the case of open defecation it may be possible to sample stormwater runoff from gutters or drains in community corridors.
 Where to sample? A sampling location should be chosen to give a suitable representation of the population. Some wastewater collection facilities may only be used by a subsection of the community and should be understood prior to sampling.

Sampling considerations
 Specific considerations given to sampling wastewater in each of the defined infrastructure settings

Samples may be collected from gutters or drains in community corridors and drains...
 Represents multiple households, compounded over time, mixing level low...
 around the pile and combine). May be difficult to access pit contents.
 Represents multiple households, compounded over time, mixing level low...
 around the pile and combine). May be difficult to access pit contents.

	Informal Settlement	Urban	Peri-urban	Rural	Human emptying	Motorised emptying	Sewer	Ease of sampling	Representation scale
0 Open defecation	•								
1 Single pit system	•		•	•	•				
2 Waterless pit system with sludge production		•	•	•	•	•			
3 Pour Flush Pit System without Sludge Production	•		•	•	•				
4 Waterless System with Urine Diversion		•	•	•	•				
5 Biogas system			•	•		•			
6 Blackwater Treatment System with Infiltration			•	•		•			
7 Blackwater Treatment System with Effluent Transport		•				•			
8 Blackwater Transport to (Semi-) Centralized Treatment System		•	•				•		
9 Sewerage System with Urine Diversion		•	•				•		

3. Degree of Testing Capability

Define the degree of testing capability that would be appropriate for each sampling methodology.

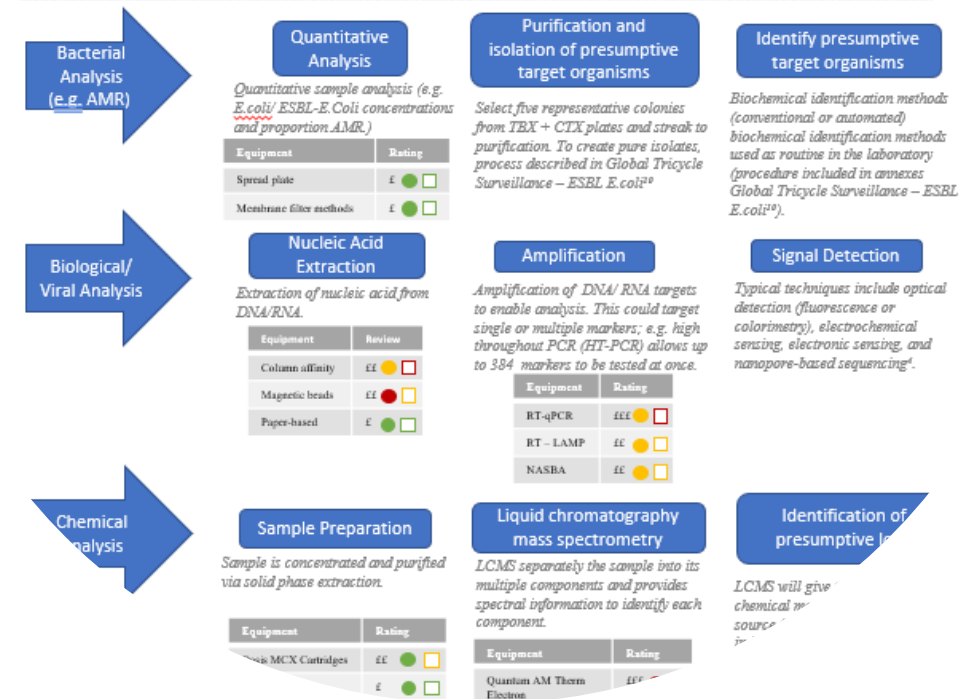
- Type of Analysis
 - Bacterial, Biological, Viral, Chemical
- Commercial options review
 - Process complexity
 - Ease of procurement
 - Indicative cost



Degree of Testing Capability

Depending on the health marker of interest (viral, bacterial, chemical) there are a series of options available, varying in complexity, used to analyse a wastewater sample. The guidance includes a flowsheet of the processes involved and reviews commercially available capability.

Legend	
Complexity of Process	□ □ □
Ease of Procurement	● ● ●
Cost	£ ££ £££



4. Information Outcome

Describe what outcomes each sampling and testing scenario would allow you to achieve.

- Binary outputs
 - Early-warning systems
 - Highlight need for more detailed testing
- Quantitative outputs
 - E.g. indication of infection rates, community-wide trends, intercommunity trends
- Stakeholder motivations and beneficiaries

Possible Outcomes

The key value of wastewater based epidemiology is for use as an *early warning system* to detect an outbreak, to *track the spread* of an infection across a population and to identify health *inequalities* between communities.

Possible data outcomes

The impact that can be achieved with a WBE programme is dependant on the sampling strategy and how the acquired data is analysed to produce suitable information that can inform decision-making. The following sections discuss some options for data analysis that will provide varied outcomes.

Binary data analysis

Certain techniques, such as passive sampling or paper-based testing (e.g. lateral flow tests) provide a yes/no answer on biomarker presence. These methods can be cheaper and serve as an early warning system, indicating the need for a more detailed study.

Quantitative data analysis

Quantifying the concentration of biomarkers in a wastewater sample requires specific lab analysis, discussed in the previous section, some of the possible insights that follow are detailed below.

Indication of case rates

In order to indicate disease prevalence in a community, there should be a knowledge of population equivalence, i.e. the likely population contributing to the sample wastewater, this can be approximated using local knowledge or by measuring other human waste markers in the sample, like ammonium.

Community-wide trends

With a good knowledge of population, trends in disease prevalence can be observed over time, providing information to rising or falling case rates.

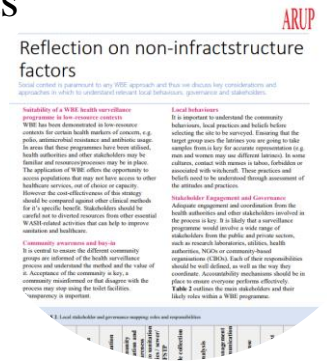
Stakeholders Motivations	Local Government	National Government	Healthcare providers	NGOs	CBOs	Communities	Funding Agencies	Researchers
Early warning system for disease	✓	✓	✓	✓	✓	✓	✓	
Preventative measures	✓	✓	✓	✓				
Monitoring trends/disease spread	✓		✓					
Community health improvement	✓	✓	✓	✓	✓	✓	✓	
Evidence policy/decision-making	✓	✓		✓				
Prioritise resources	✓	✓	✓	✓			✓	
Monitor impact of policy/design decisions	✓	✓		✓				
Future infrastructure investment decisions	✓			✓			✓	
Monitoring impact of infrastructure investments	✓			✓				
Inform design approaches				✓			✓	✓
Monitor pollution	✓			✓	✓			
Identify inequalities			✓	✓			✓	✓
Understand lifestyle/habits				✓				✓
Quantify exposure risks	✓	✓	✓	✓				



5. Reflection on Non-infrastructure Factors

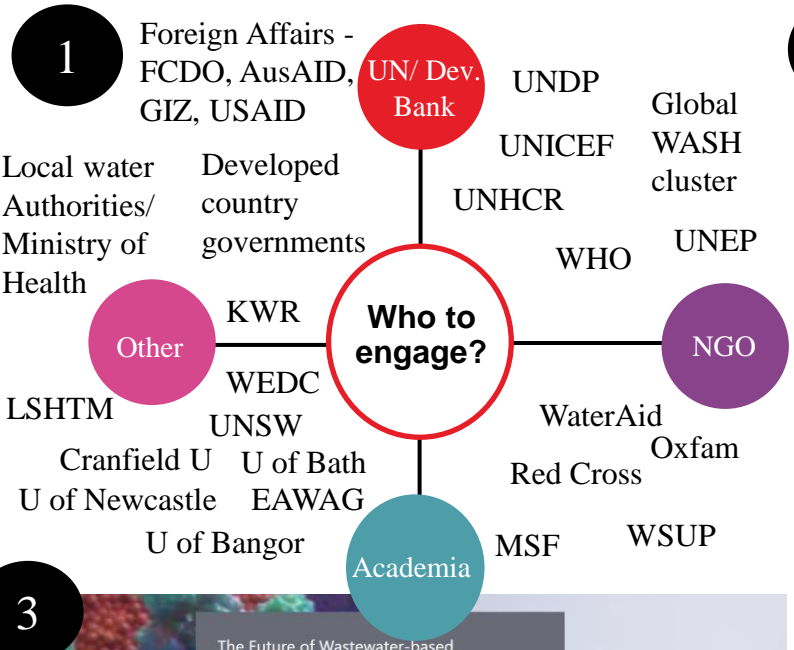
Investigate the non-infrastructure factors that may support/challenge a WBE system in these contexts.

- Community awareness and buy-in
- Local behaviours
- Stakeholder engagement and governance
- Staff safety and dignity
- Capacity building
- Managing insights



Stakeholders	Legislation	Coordination	Community consultation and awareness	Access to sanitation facilities / sewer/ FSTP	Sample collection	Analysis	Data management and communication	Response	Enforcement	Training
Public health authorities	●	●	●		●	●	●	●	●	●
Households			●	●				●		
NGOs		●	●	●	●	●		●		●
CBOs			●	●				●		●
Private laboratory					●	●	●			●
Utilities				●	●	●	●			
Universities					●	●	●			●

Continuing development and engagement



2

Wastewater for Health

Guidance for implementing wastewater-based epidemiology to improve public health in low-resource settings

4

The Future of Wastewater-based Epidemiology (WBE): Global Context

Developing guidance on implementing WBE to improve public health in low-resource settings

WBE@arup.com
January 2022

3

The Future of Wastewater-based Epidemiology (WBE)

Developing guidance on implementing WBE to improve public health in low-resource settings.

Thank you for completing this survey. If you have any further information you would like to share or questions please email WBE@arup.com

* Required

1. What is your name? *

Enter your answer

2. Please tell us which organisation you are employed by or whether you are self-employed? *

Enter your answer

3. Please provide us with your email address if you are happy for us to communicate with you further about the project? *

Enter your answer

4. Please indicate what information you would like to receive from us?

Email project updates

Workshop invitations

Other

4

What?

The COVID-19 pandemic has demonstrated the need for a global approach to health monitoring.

Why?

Communities, predominately in high-income countries, have been realising the benefits of WBE as an early warning system and a means to gather insight into public health.

Arup are exploring how this approach extends globally to support health of those in low-resource settings. We have begun developing a guidance framework for implementing WBE depending local wastewater infrastructure.

Timeline: Global Research Programme

- 2020: SarsCov-2 Lockdown (The global pandemic triggers National Lockdowns)
- 2021: UK Government looks to WBE (Arup supports UK Government as they consider WBE as a means for controlling the spread of COVID-19)
- 2021: UK Gov WBE: Phase 2 (Arup continues developing WBE tools, testing at city-scale)
- 2022: UK Gov WBE: Phases 3 (Arup investigates wider health markers and source tracking methods)
- 2022: Global Research Programme (Arup launches investigations into the value of WBE and tests its applicability in low-resource settings)

Infrastructure-based WBE Guidance Framework

- 1. Infrastructure Classification**: Define a discrete number of wastewater infrastructure types.
- 2. Sampling Methodology**: Assess what kind of wastewater samples could be retrieved in this setting.
- 3. Degree of Testing Capability**: Define the degree of testing capability that would be appropriate for each sampling methodology.
- 4. Information Outcome**: Describe what outcomes each sampling and testing scenario would allow you to achieve.
- 5. Reflection on Non-Infrastructure Factors**: Investigate the non-infrastructure factors that may support/challenge a WBE system in these contexts.

Next Steps

Q4 2021: Literature Review, Project Scoping

Q1 2022: Workshop, Drafting Guidance

Next Steps: Further dissemination and development, Ongoing Stakeholder Engagement

1. Stakeholder mapping, 2. Guidance document, 3. Stakeholder engagement survey, 4. Engagement postcard, 5. Project email address

Reflections and Next Steps

The power of wastewater-based epidemiology

- Opportunity for **early warning of health emergencies**, identification of health deprivation and pinpointing pollution hotspots.
- Cost effective health assessment tool for low-resource settings
- Focusing allocation of resources to the most vulnerable

What's next....

- Testing: Continued engagement with WASH and SME partners
- Pilot study: apply this framework to further assess the applicability of a WBE as a global health monitoring tool.

“Wastewater-based epidemiology (WBE) is generally more important in a LMIC setting because preventative healthcare and resources are less available or not very reliable. WBE provides a way of flagging places within a community or network where limited resources can be most wisely used.”

Prof. David Graham, Professor of
Ecosystems Engineering
Newcastle University



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Register interest and keep updated

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